



NEWS ADVISORY

March 15, 2007

Contact:

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The Science Café invites you to its next public discussion on:

"Eating disorders: The most secretive illness"
In partnership with [HoustonPBS](#)

It is estimated that more than 10 million people have an eating disorder such as anorexia and bulimia. Persons obsessed with their weight use all kinds of means to control food intake including diet pills, laxatives, and binge eating and purging by vomiting. Such eating disorders are difficult to treat as they are often kept secret. Some worry that children and teens account for an ever increasing number of all kinds of eating disorder cases. Though such disorders may find roots in anxiety and depression, it is also recognized that social factors such as the measure of success through the glorification of thin bodies and the stigma against fat bodies also influences youngsters' awareness of their own body at an early age and may reinforce their desire to copy them. Find out about the taboos of eating disorders, as well as useful educational and lifestyle tips by joining our experts at our next Science Café.

WHEN: Tuesday March 27, 2007 from 7:30 pm to 9:00 pm

WHERE: Salento coffee house, 2407 Rice Boulevard in Rice Village.

WHO: [Dr. Robert J. Moore III](#), Founder & CEO of Body of Knowledge, Inc.

[Dr. Carmen Mikhail](#), Assistant Professor of Pediatrics, Psychiatry & Behavioral Sciences at Baylor College of Medicine, and Director of the Eating Disorders Clinic at Texas Children's Hospital

[Dr. Kenneth Goodrick](#), Associate Professor of Family & Community Medicine at Baylor College of Medicine and Fellow of the Obesity Society

Moderator: [Patricia Gras](#), Senior Producer at HoustonPBS and Host of TV show *Living Smart* – airing Sundays at 1:30pm and Thursday at 3:30pm. *Living Smart* episodes also available on google video.

COST: Free to the public. No registration needed.

The Science Café is sponsored by Rice University, the Computer and Information Technology Institute, the Center for Biological and Environmental Nanotechnology, the Environmental & Energy Systems Institute, the Rice Space Institute, the University of Houston, and Turn-Key Enterprises.